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10 ORIGINAL ARTICLE / ARTÍCULO ORIGINAL

11  
12 HELMINTHS OF FIVE SPECIES OF GYMNOPTHALMIDAE (SAURIA: REPTILIA)

13 FROM BRAZILIAN CERRADO

14 HELMINTOS DE CINCO ESPÉCIES DE GYMNOPTHALMIDAE (SAURIA:  
15 REPTILIA) DO CERRADO BRASILEIRO

16 HELMINTOS DE CINCO ESPECIES DE GYMNOPTHALMIDAE (SAURIA:  
17 REPTILIA) DEL CERRADO BRASILEÑO

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27

28 Running Head: Helminths of five species of Gymnophthalmidae

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35

## 36 **ABSTRACT**

37 Gymnophthalmidae is a highly diverse lizard family, endemic to the neotropical region.  
38 Despite the existence of extensive data about their morphology and phylogenetics,  
39 encompassing most species, there are knowledge gaps in their parasitic relations. In this  
40 work we present data on helminth infection of five gymnophthalmid species, *Cercosaura*  
41 *parkeri* (Ruibal, 1952), *Cercosaura schreibersii* Wiegmann, 1834, *Colobosaura modesta*  
42 (Reinhardt & Lütken, 1862), *Micrablepharus maximiliani* (Reinhardt & Lütken, 1862) and  
43 *Vanzosaura rubricauda* (Boulenger, 1902). Thirty-two specimens were examined,  
44 among which the nematode *Skrjabinodon spinosulus* Vicente, Vrcibradic, Rocha & Pinto,  
45 2002 was found in *C. schreibersii*, *M. maximiliani* and *V. rubricauda*. A helminth from the  
46 family Cosmocercidae was also found in *V. rubricauda*. Our study provides the first  
47 record of parasites infecting *C. schreibersii* and *V. rubricauda*.

48 **Keywords:** Brazil – Cerrado – helminths – lizards – Nematoda – parasites

49

## 50 **RESUMO**

51 Gymnophthalmidae é uma família de lagartos altamente diversa e endêmica da região  
52 neotropical. Apesar da existência de uma quantidade considerável de informação sobre  
53 sua morfologia e filogenética, envolvendo a maioria das espécies, existem lacunas de  
54 conhecimento acerca de suas relações parasitárias. Neste trabalho apresentamos  
55 dados acerca da infecção de helmintos em cinco espécies da família  
56 Gymnophthalmidae, *Cercosaura parkeri* (Ruibal, 1952), *Cercosaura schreibersii*  
57 Wiegmann, 1834, *Colobosaura modesta* (Reinhardt & Lütken, 1862), *Micrablepharus*

58 *maximiliani* (Reinhardt & Lütken, 1862) and *Vanzosaura rubricauda* (Boulenger, 1902).  
59 Trinta e dois espécimes foram examinados, dentre os quais o nematódeo *Skrjabinodon*  
60 *spinosulus* Vicente, Vrcibradic, Rocha & Pinto, 2002 foi encontrado em *C. schreibersii*,  
61 *M. maximiliani* and *V. rubricauda*. Um helminto da família Cosmocercidae também foi  
62 encontrado em *V. rubricauda*. Nosso estudo fornece o primeiro registro de parasitas  
63 infectando *C. schreibersii* and *V. rubricauda*.

64 **Palavras-chave:** Brazil – Cerrado – helmintos – lagartos – Nematoda – parasitas

65

## 66 **RESUMEN**

67 Gymnophthalmidae es una familia de lagartos altamente diversa y endémica de la región  
68 neotropical. A pesar de la existencia de una cantidad considerable de información sobre  
69 su morfología y filogenética, que abarca a la mayoría de las especies, existen lagunas  
70 de conocimiento acerca de sus relaciones parasitarias. En este trabajo presentamos  
71 datos sobre la infección por helmintos en cinco especies de la familia  
72 Gymnophthalmidae, *Cercosaura parkeri* (Ruibal, 1952), *Cercosaura schreibersii*  
73 Wiegmann, 1834, *Colobosaura modesta* (Reinhardt & Lütken, 1862), *Micrablepharus*  
74 *maximiliani* (Reinhardt & Lütken, 1862) and *Vanzosaura rubricauda* (Boulenger, 1902).  
75 Se examinaron treinta y dos especímenes, entre los cuales el nematodo *Skrjabinodon*  
76 *spinosulus* Vicente, Vrcibradic, Rocha & Pinto, 2002 fue encontrado en *C. schreibersii*,  
77 *M. maximiliani* y *V. rubricauda*. Un helminto de la familia Cosmocercidae también fue  
78 encontrado en *V. rubricauda*. Nuestro estudio proporciona el primer registro de parásitos  
79 que infectan *C. schreibersii* y *V. rubricauda*.

80 **Palabras-clave:** Brasil – Cerrado – helmintos – lagartos – Nematoda – parasitos

81

## 82 **INTRODUCTION**

83 Gymnophthalmidae Fitzinger, 1826 is the largest lizard family endemic to the neotropical  
84 region, with more than 290 species and over 50 genera (Vásquez-Restrepo *et al.*, 2024).

85 Despite the existence of an extensive availability of data for most species, encompassing  
86 their morphology and phylogenetics, studies on aspects of their ecology, such as diet  
87 and parasitism are still scarce for most species (Almeida *et al.*, 2009; Ávila, 2009;  
88 Carvalho *et al.*, 2024).

89 Parasitological studies are an essential component in the ecology of species  
90 (Loreau *et al.*, 2005; Balashov, 2011; Frainer *et al.*, 2018). Although studies on helminths  
91 of gymnophthalmids lizards have increased in the past years (Ferreira *et al.*, 2020; Sousa  
92 *et al.*, 2022; Quirino *et al.*, 2024; Holanda *et al.*, 2025), the persistence of knowledge  
93 gaps in parasitological aspects remains a problem for most species. In this work we  
94 present parasitism data for the species *Cercosaura parkeri* (Ruibal, 1952), *Cercosaura*  
95 *schreibersii* Wiegmann, 1834, *Colobosaura modesta* (Reinhardt & Lütken, 1862),  
96 *Micrablepharus maximiliani* (Reinhardt & Lütken, 1862) and *Vanzosaura rubricauda*  
97 (Boulenger, 1902), expanding the knowledge about their host–parasite interactions.

98

## 99 **MATERIAL AND METHODS**

100 Host specimens were preserved at Coleção Zoológica de Referência do Campus de  
101 Corumbá, Seção de Herpetologia da Universidade Federal de Mato Grosso do Sul  
102 (CEUCH), Campo Grande, Mato Grosso do Sul, Brazil. The lizards were captured in  
103 Cerrado zones at the Dois Irmãos do Buriti municipality (20° 41' 23" S, 55° 16' 43" W),  
104 Mato Grosso do Sul State, from September 2003 to October 2004, using pitfall traps with  
105 drift fences (Corn & Bury, 1990).

106

107 Lizards were euthanized, fixed with 10% formalin and conserved in 70% ethanol. The  
108 snout-vent length (SVL) of each individual was measured with an aid of a digital caliper  
109 to the nearest mm. Hosts were necropsied and their body cavity, lungs, and digestive  
110 tract were analyzed under a stereoscopic microscope for the presence of helminths.  
111 Helminths found were placed in vials of 70% ethanol for later identification. For species

112 identification, nematodes were cleared in phenol, mounted on temporary slides, and  
113 analyzed under a light microscope. Following identification, voucher helminths were  
114 deposited in the Coleção Helmintológica do Instituto de Biociências da Unesp de  
115 Botucatu (CHIBB 1031, 1034, 1035, 1075, 1076, 1077, 1078, 1079, 1080, 1086).

116 The Shapiro-Wilk test was used to verify the normality of the tests. Spearman's  
117 Correlation Coefficient ( $r_s$ ) was used to test the correlation between host body-size (SVL)  
118 and helminth abundance.

119

120 Ethic aspects: This study was approved by the Animal Ethics Committee of the  
121 Universidade Federal do Ceará (CEUA-UFC), process #CEUA 6314010321.

122

## 123 **RESULTS**

124 Seven *C. schreibersii* ( $36.82 \pm 2.59$  mm SVL; being one female and six males),  
125 were examined and the helminth *Skrjabinodon spinosulus* Vicente, Vrcibradic, Rocha &  
126 Pinto, 2002 (n=3) was found. Overall prevalence was 14.3%. The parasite was found in  
127 the large intestine of an adult male.

128

129 Ten *M. maximiliani* ( $39.05 \pm 6.43$  mm SVL; being two females and eight males),  
130 were examined and the helminth *S. spinosulus* (n=18) was found once more. Overall  
131 prevalence was 50.0%. The parasites were found in the large intestines of one adult  
132 female and four adult males.

133

134 Ten *V. rubricauda* ( $31.55 \pm 1.33$  mm SVL; being three females and seven males),  
135 were examined and two helminths were found: an unidentified species of Cosmocercidae  
136 (n=4) and the helminth *S. spinosulus* (n=3) was found once more. Overall prevalence  
137 was 40.0%, while the individual prevalence was 30.0% for *S. spinosulus* and 10.0% for

138 Cosmocercidae. *Skrjabinodon spinosulus* was found in the large intestines of three adult  
139 males, while Cosmocercidae was found in only one.

140

141 Two *C. parkeri* ( $36.58 \pm 0.81$  mm SVL; being both males) and three *C. modesta*  
142 ( $47.0 \pm 4.36$  mm SVL; being all males) were also examined but did not present any  
143 parasitic infections.

144

145 Larger body size influence helminth abundance in *Cercosaura schreibersii* ( $r_s =$   
146  $0.41$ ;  $P = 0.000$ ;  $n = 7$ ), but are negatively correlated in *Micrablepharus maximiliani* ( $r_s =$   
147  $-0.42$ ;  $P = 0.008$ ;  $n = 10$ ) and *Vanzosaura rubricauda* ( $r_s = -0.47$ ;  $P = 0.000$ ;  $n = 10$ ).

148

## 149 **DISCUSSION**

150 The Cerrado is the second largest biome in South America, occupying an area of  
151 approximately 23% of the Brazilian national territory and is considered a diversity  
152 hotspot, nevertheless, it suffers greatly with habitat loss due to agricultural activities  
153 (MMA, 2024). Besides the state of Mato Grosso do Sul (MS), its area also reaches the  
154 states of Goiás (GO), Tocantins (TO), Mato Grosso (MT), Minas Gerais (MG), Bahia  
155 (BA), Maranhão (MA), Piauí (PI), Rondônia (RO), Paraná (PR), São Paulo (SP) and the  
156 Federal District (DF) (MMA, 2024). Despite the importance of the biome, according to  
157 Vieira *et al.* (2019), the studies about helminth parasites cover less than 30% of the  
158 species of lizards in the Cerrado. This demonstrates the knowledge gap about helminth  
159 parasites in lizards from this biome, which our findings help to reduce.

160

161 Our study provides the first record of the helminth *S. spinosulus* infecting the  
162 lizards *M. maximiliani*, *C. schreibersii* and *V. rubricauda*. To the best of our knowledge,  
163 this is also the first report of parasitism in general for *C. schreibersii* and *V. rubricauda*,  
164 while *M. maximiliani* has been reported as a host of other helminth species, *Raillietiella*

165 *mottae* Almeida, Freire and Lopes, 2008 (Almeida *et al.*, 2009); *Physaloptera lutzi*  
166 Guimaraes, Cristófaró and Rodrigues, 1976 (Brito *et al.*, 2014); *P. venancioi* and  
167 *Skrjabinodon campiaoae* Sousa, Oliveira, Morais, Pinheiro & Ávila 2022 (Carvalho *et al.*,  
168 2024), none of which were found in our study.

169

170 The richness and abundance of parasites being positively correlated with host  
171 body size, as proposed by Kuris *et al.* (1980), has been corroborated by other studies  
172 involving lizards and may explain the lower diversity of helminth fauna in  
173 gymnophthalmid lizards as a result of their reduced body size (Ferreira *et al.*, 2020;  
174 Holanda *et al.*, 2025; Ribeiro *et al.*, 2018; Silva-Neta & Ávila, 2018). However, it is not  
175 unknown for studies to report conflicting results for this relationship (Cirino *et al.*, 2025;  
176 Ibrahim & Soliman, 2006; Villalobos-Segura *et al.*, 2020). Our findings agree with the  
177 reported patterns for parasite-host interactions in *C. schreibersii*, but the opposite effect  
178 was found for helminth abundance in *M. maximiliani* and *V. rubricauda*. Subsequent  
179 studies with bigger sample sizes would be beneficial in providing further data for this  
180 hypothesis.

181

182 Our findings agree with the pattern of low helminth richness found in  
183 gymnophthalmids, although revealing inconsistencies in the pattern for helminth  
184 abundance, and increase the knowledge of parasitism for the group.

185

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190

191 **Author contributions: CRediT (Contributor Roles Taxonomy)**

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193 **RWA** = Robson Waldemar Ávila  
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197 **Conceptualization:** RWA  
198 **Data curation:** ML, RWA  
199 **Formal Analysis:** ML  
200 **Funding acquisition:** RWA  
201 **Investigation:** ML, RWA, VLF, RJS  
202 **Methodology:** ML  
203 **Project administration:** RWA  
204 **Resources:** RWA, VLF, RJS  
205 **Software:** ML, RWA, VLF, RJS  
206 **Supervision:** RWA, VLF, RJS  
207 **Validation:** ML, RWA, VLF, RJS  
208 **Visualization:** ML, RWA, VLF, RJS  
209 **Writing – original draft:** ML  
210 **Writing – review & editing:** RWA, VLF, RJS

211

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